Office of Head Start

Early Head Start

MIECHV

Michigan MIECHV Conference
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Presenters

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Agenda

Welcome and Introductions

Overview of Agenda and Objectives

Presentation

Reflections from the Field

Summary and Next Steps

Early Head Start

Engage, Educate, Empower – A New Dance

Objectives

- Gain new strategies to engage parents
- Discover new resources available for families
- Reflect on (and respond to) challenges, strengths and changes that impact children, parents, programs and communities

EHS – The Dance Card

- **The Dance Card – A History Lesson!**
- **An opportunity to meet, greet, and engage with each other.**
- **Find something in common with each person you meet, *other than working with children*! Record their name and the common interest. Get them to initial your dance card.**

Early Head Start Overview

The Goals of Early Head Start

- **To provide safe and developmentally enriching caregiving that promotes the physical, cognitive, social and emotional development of infants and toddlers;**
- **To support parents, both mothers and fathers, in their role as primary teachers of their children, in meeting personal goals and achieving self sufficiency;**
- **To mobilize communities to provide the resources and environment necessary to ensure a comprehensive, integrated array of services and support for families;**
- **To ensure the provision of high quality responsive services to family through the development of trained, and caring staff.**

Guiding Principles in EHS

- **Emphasis on high quality comprehensive services**
- **Prevention and promotion activities**
- **Positive relationships and continuity**
- **Parent engagement**
- **Inclusion**
- **Cultural competence**
- **Comprehensiveness, flexibility, and responsiveness**
- **Transition planning**
- **Collaboration**

Reflective Practices EHS

- It is easier to work with parents when…….
- Working with parents is hard because……
- Talking with parents is difficult when……..
- Making connections is important because….
- I would like information to help me……..

EHS – Reflecting on our Lead

- **When a parent acts withdrawn, how does that impact our work? What does it seem that they are saying to us? How can we lead them to productive outcomes?**

- **How can we use ideas about the importance of parent connections as our own strategies for putting parents at ease?**

EHS Home Visiting Requirements

Specific requirements of the home based option (home visiting)

- **Weekly visits of 90 minutes duration**
  - **Visits conducted in home**
  - **Conducted with parent/family**
  - **Planned collaboratively with parent/family**

- **Twice monthly socializations**
  - **Small groups of families**
  - **Planned with families - linked to home visits**
  - **Opportunities for both children and families**

Home visitor case load – 10 to 12 families

Structure of the home visit

Each home visit is developed with the family

- **child-focused home visiting that promotes parents' ability to support the child's cognitive, social, emotional, and physical development;**
- **effective strengths-based parent education, including methods to encourage parents as their child's first teachers;**
- **early childhood development with respect to children from birth through age 3**

Structure of the home visit

- **Support parents promoting emergent literacy in their children by**
  - use of research-based strategies to support the development of literacy and;
  - language skills for children who are limited English proficient;
- **Ascertain what health and developmental services the family receives**
  - working with providers of these services to eliminate gaps in service;
- **Explore strategies for helping families coping with crisis; and**
- **Support the relationship of health and well-being of pregnant women to prenatal and early child development.**

EHS MIECHV MODEL

Staffing and Supervision

Reflective Supervision

- Head Start staffing requirements must include a structure of supervision that ensures regular review of the work with children and families, including child's developmental progress, family status, and their needs for additional support.

- **Success of reflective supervision in program practice**
  - Mentoring resources
  - Organizational structure
- **TA Resources**
  - National EHS NRC Center
  - State and Regional TA – ECE specialists and grantee specialists
  - Individual grantee TA dollars

Resources at Your Fingertips

Resources come from:

- Parents
- Families
- Co-workers
- Community Partners
- State Association
- State MIECHV Office
- OHS Regional and Federal Offices

We are all partners in this Dance!

Supports offered to local programs

Technical Assistance

- **National TA Centers**: Early Head Start National Resource Center; Parent, Family and Community Engagement; Health; Quality Teaching and Learning; Program Management and Fiscal Operations. These centers provide TA to federal staff overseeing HS/EHS programs, and State TA providers that work directly with grantees.
  - Webinars, webcasts, podcasts
  - Monthly calls for State TA system providers
  - Face-to-Face Train the Trainer
  - Electronic resources available on the Early Childhood Learning and Knowledge Center

Supports offered to local programs

Technical Assistance

State/Region TA System:

- Each of the OHS Regional offices works with a State TA system that supports grantees at the local level.
  - Early Childhood Specialists
  - Grantee Specialists
  - Training clusters
  - Michigan Head Start Association and State Collaboration Office
  - Michigan MIECHV Office

ECLKC Resources

ACTIVITY

Use your I-Phone / I-Pad or Mobile Device if available

http://eclkc.ohs.acf.hhs.gov/hslc

Type in “Mobile APP” in the search this website box

Follow the directions

Take a few minutes to download the ECLKC APP

Example of a New Resource

Open Doors – an interactive guide for home visitors

Other Resources on ECLKC

1. Reflective Supervision – A Tool for Relationship-Based EHS Services (Technical Assistance Paper No. 13)

2. The Well Visit Planner for Families

3. Explore ECLKC to Identify More Resources and Tools

Next Steps – Airplane Activity

Walking Away with Ideas

Next Steps?

Q & A Session

Questions about EHS MIECHV Model?

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