1) Childhood history of parents – abuse, little nurturing.

Potential Problems:
- Unable to trust
- Fearful
- May repeat parenting patterns of family of origin
- Emotionally needy
- Unable to give to baby due to lack of nurturing

Review of risk factors and stressors and recommended interventions (note start of intervention date, progress and end date if applicable; reference date of in-contact note)

- Weekly home visits
- Phone call to develop trust and provide support
- Monitor for PTSD
- Explore role of parent in family of origin
- Provide emotional support
- Explore culture of family of origin
- Education regarding cycle of violence
- Referral to counseling/ father support
- Monitor for abandonment and trust issues.
- Discuss alternatives to corporal punishment
- Discuss differences between how parent(s) was raised and how parent(s) wants to parent
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<th>Risk/ Score</th>
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<td>2) Parental history – crime, substance abuse, mental illness.</td>
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**Potential Problems:**
- Unable to attend to care and needs of child(ren) due to intoxication
- Mental illness or imprisonment makes parent unavailable to child(ren)
- May harm child(ren) when out of control.

- Discuss HV’s observations regarding substance abuse or psychiatric problems
- Discuss effects of parental substance abuse/mental illness on children
- Encourage client to attend AA/NA
- Referral to treatment/ counseling
- Praise and support for reduction in substance usage or sobriety
- Provide educational materials regarding substance abuse, psychiatric conditions
- Explore criminal history as related to role as a parent
- Explore relapse triggers
- Collaborate with other service providers
- Support follow through of receiving counseling

Review of risk factors and stressors and recommended interventions (note start of intervention date, progress and end date if applicable; reference date of in-contact note)

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<td>3) CAN/discipline problems with other children.</td>
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**Potential Problems:**
- Same parenting patterns are likely to occur with target child
- Increased stress level of parent(s)

- Education regarding child management
- Modeling positive interaction/management with children
- Provide support to parent(s) regarding stresses of parenting
- Discuss effects of inappropriate discipline and negative relationships on child’s self-esteem and development
- Identify and build on parent strengths/ praise parent

Review of risk factors and stressors and recommended interventions (note start of intervention date, progress and end date if applicable; reference date of in-contact note)
4) Low self-esteem, social isolation, depression, poor coping skills.

Potential Problems:
- Delays in social development of children
- Poor problem solving practices
- High stress levels in parent(s) and kids may result in low energy and impatience
- Family crisis
- Low self-esteem in children

Review of risk factors and stressors and recommended interventions (note start of intervention date, progress and end date if applicable; reference date of in-contact note)

Check Box of Planned Interventions:

- MOB
  - Do outings with parent and child(ren)
  - Encourage parent(s) to go out of home more frequently (i.e. zoo, park,)
  - Encourage parent(s) to take classes/join group
  - Encourage parent(s) to exercise
  - Point out parent’s strengths and skills
  - Educate about depression, its courses and ways to alleviate it
  - Referral to counseling
  - Support Prenatal Care
  - Teach problem solving methods
  - Referral/assistance with applications for GED, English classes, literacy program, and other resources
  - Teach parent(s) to use city bus
  - Encourage parent(s) to obtain driver’s license
  - Build on parent’s strengths/ praise parent

- FOB
5) Multiple stresses and crises

_Potential Problems:_
- High stress levels in parent(s) and kids may result in poor coping skills, impatience and low energy levels
- Little time or energy to focus on child(ren)
- Domestic violence

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| ☐   | ☐   | Provide emotional support
| ☐   | ☐   | Referral to counseling and other services
| ☐   | ☐   | Assistance with applications for community services, (WIC, DHS, other services)
| ☐   | ☐   | Teach problem solving skills regarding family relationship problems
| ☐   | ☐   | Teach communication skills
| ☐   | ☐   | Assistance with locating housing or job
| ☐   | ☐   | Teach stress management techniques
| ☐   | ☐   | Obtain material assistance
| ☐   | ☐   | Crisis intervention as needed
| ☐   | ☐   | Explore and normalize fears of not fitting in
| ☐   | ☐   | Discuss stresses of parenting
| ☐   | ☐   | Referral to teen parent support group
| ☐   | ☐   | Assistance with transportation
| ☐   | ☐   | Referral to Healthy Marriage group/ utilize home visiting component
| ☐   | ☐   | Budget Management

Review of risk factors and stressors and recommended interventions (note start of intervention date, progress and end date if applicable; reference date of in-contact note)__________________________________________________________________________________________________________________________
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6) Potential for violence

**Potential Problems:**
- Physical and emotional harm to parent(s) and/or child
- Parental violence is modeled to children
- Little energy to focus on needs of children

**Check Box of Planned Interventions:**
- Referral to counseling
- Teach relaxation/stress management techniques
- Teach parent how to protect herself and baby from violence of others
- Assistance in obtaining temporary restraining order as needed
- Encourage parent to go to shelter as needed
- Educate about cycle of violence
- Referral to legal services
- Teach recognition of feelings of anger/frustration and how to express appropriately

7) Unrealistic expectations for child. Lacks knowledge of child/care development.

**Potential Problems:**
- Parent(s) perceives child as demanding, naughty, provocative
- Child does not experience mastery and has low self-esteem
- Parent(s) respond inconsistently to child and child is confused

**Check Box of Planned Interventions:**
- Use of parent-child interaction curriculum
- Modeling
- Verbal instruction
- Provision of educational materials
- View and discuss videos regarding parenting and child development with parent(s)
- Build on parent's strengths

Review of risk factors and stressors and recommended interventions (note start of intervention date, progress and end date if applicable; reference date of in-contact note)
8) Harsh punishment of this child

Potential Problems:
- Physical/emotional harm to child

Review of risk factors and stressors and recommended interventions (note start of intervention date, progress and end date if applicable; reference date of in-contact note)

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Check Box of Planned Interventions:

- Referral to counseling
- Crisis intervention
- Provide support regarding appropriate anger management
- Teach appropriate discipline techniques
- Education regarding infant/child behavior and development
- Referral to CPS

9) Child is perceived as provocative by parent.

Potential Problem
- Harm to child
- Parental frustration, feelings of hurt, rejection and anger

Review of risk factors and stressors and recommended interventions (note start of intervention date, progress and end date if applicable; reference date of in-contact note)

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Check Box of Planned Interventions:

- Education regarding infant/child behavior and development
- Referral to CPS
- Ongoing exploration of evolution of perception of baby
- Referral to infant mental health

Review of risk factors and stressors and recommended interventions (note start of intervention date, progress and end date if applicable; reference date of in-contact note)

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10) Child unwanted or at-risk for poor bonding or poor parent-child interaction.

**Potential Problems:**
- Attachment disorder
- Negative feelings toward child
- Less love and more impatience
- Less time for child

**Check Box of Planned Interventions:**

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