

Grand Rounds with Dr. Barone
Disordered Eating in the Adolescent Population

January 29, 2016

9:00-11:00 am

Purpose: To enhance the learners' knowledge and skills in assessing and treating youth with conditions associated with disordered eating.

Goal Statement: The learner will gain specific assessment skills and information for the treatment of conditions associated with disordered eating in the adolescent population, specifically obesity, binge eating, binge eating and purging, anorexia nervosa, and malnutrition due to food insecurity.

Outcomes:

- 1) The learner will become familiar with current guidelines for the assessment of conditions associated with disordered eating.
- 2) The learner will become familiar with current treatment guidelines for treating conditions associated with disordered eating.
- 3) The learner will be provided with suggestions for creating a referral network of providers for the treatment of disordered eating.

Agenda

9:00-9:05	Introductions and Welcome
9:05-9:10	Prevalence of Disordered Eating in Youth in the US
9:10- 10:10	Assessment and Treatment of Specific Conditions with Disordered Eating
9:10- 9:35	Obesity and Metabolic Disorder
9:35-9:42	Binge Eating Disorder
9:42-9:49	Binging and Purging
9:49-9:56	Anorexia Nervosa
9:56 -10:03	Food Insecurity and Malnutrition
10:03-10:10	Review of Suggested Referral Resources for Youth with Disordered Eating
10:10-10:15	Break
10:15-10:30	Question and Answer Session/Flu Update
10:30-11:00	MDHHS State Clinical Program update – Sherry Rose