



Michigan Department of Health & Human Services

# How to Refer to Adolescent and Transitional Aged Youth to Substance Use Treatment & Prevention

P r e v e n t i o n   a n d   T r e a t m e n t   S e c t i o n ,   O f f i c e   o f   R e c o v e r y  
O r i e n t e d   S y s t e m s   o f   C a r e

*Putting people first, with the goal of helping all Michiganders lead healthier and more productive lives, no matter their stage in life.*

# Determine the Nature of the Substance Use

- Different Type of Use = Different type of Referral
- Types of Use:
  - Considering use
  - Experimental use
  - Recreational use
  - Risky use
  - Problematic use
  - Dependence/Disorder
- Still need a Referral even if there is no Dependence

# Refer to Prevention or Treatment

## ☐ Prevention Programs

- Appropriate for youth:
  - Considering Use
  - Experimental Use
  - Recreational Use
  - Beginning Risky Use
- Commonly used prevention model:  
Strengthening Families  
and Prime for Life

## ☐ Treatment Programs

- Appropriate for youth:
  - Recreational Use (or Prevention)
  - Risky Use (or Prevention)
  - Problematic Use
  - Dependence
  - Disorder

# Accessing services

- Youth can access treatment without parental knowledge or permission
  - Substance Use Disorder (SUD) as young as 12
  - When providing SUD treatment must follow the 42 CFR Part 2
- Determine what type of insurance the youth has
  - Private Insurance – contact provider for covered programs
  - Always call the Prepaid Inpatient Health Plan (PIHP)



# Referrals for Youth covered by Medicaid & Block Grant



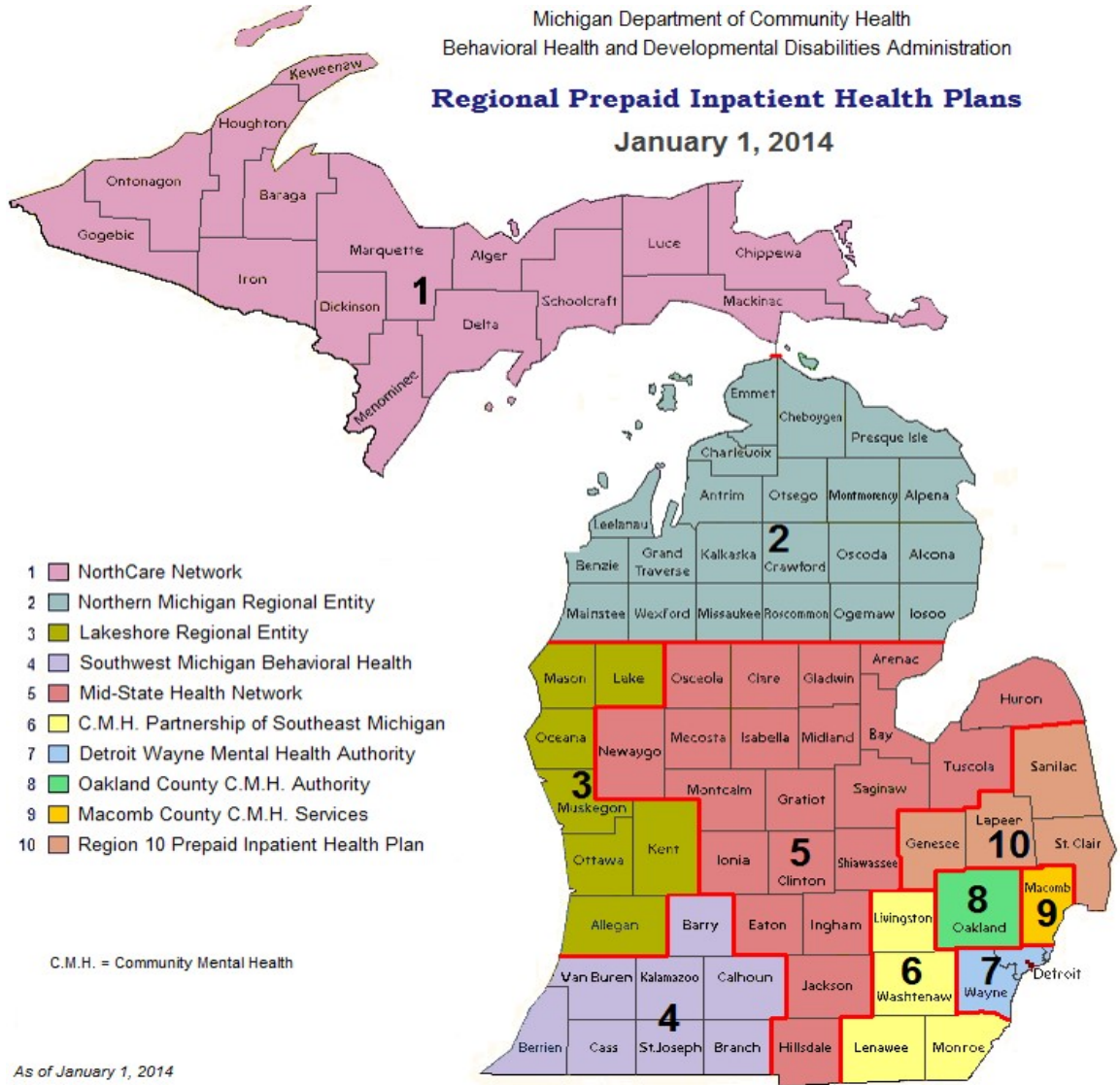
**Always Call the Prepaid Inpatient  
Health Plan PIHP**

# Prepaid Inpatient Health Plans

Michigan Department of Community Health  
 Behavioral Health and Developmental Disabilities Administration

## Regional Prepaid Inpatient Health Plans

January 1, 2014



- 1  NorthCare Network
- 2  Northern Michigan Regional Entity
- 3  Lakeshore Regional Entity
- 4  Southwest Michigan Behavioral Health
- 5  Mid-State Health Network
- 6  C.M.H. Partnership of Southeast Michigan
- 7  Detroit Wayne Mental Health Authority
- 8  Oakland County C.M.H. Authority
- 9  Macomb County C.M.H. Services
- 10  Region 10 Prepaid Inpatient Health Plan

C.M.H. = Community Mental Health

As of January 1, 2014

# Prevention Contacts

- Region 1: Gery Shelafoe (906) 225-5149
- Region 2: Marie Halveston (231)487-9144
- Region 3: Stephanie VandDerKooi (231)332-3846
- Region 4: Achilles Malta (269)202-8637
- Region 5: Jill Worden (517) 253-7525
- Region 6: Katie Postmus (734)222-3841
- Region 7: Jane Goerge (734)222-3842
- Region 8: Karra Thomas (313)833-2418
- Region 9: Dawn Radzioch (586)469-5278
- Region 10: Lisa Coleman (810)496-5544

# Treatment Access System

- [www.michigan.gov/bhrecovery](http://www.michigan.gov/bhrecovery)
- Region 1: 800-305-6564
- Region 2: 800-834-3393
- Region 3: Varies based on county
- Region 4: 800-781-0353
- Region 5: 844-405-3095
- Region 6: 800-440-7548
- Region 7: 800-241-4949
- Region 8: 800-350-0900
- Region 9: 586-948-0222
- Region 10: 888-225-4447



# Types of Treatment/Levels of Care

## American Society of Addiction Medicine Criteria

- Level 1 = Outpatient Services
- Level 2.1=Intensive Outpatient Services
- Level 2.5=Partial Hospitalization Services
- Level 3.1=Clinically Managed Low-Intensity Residential Services
- Level 3.5=Clinically Managed Medium-Intensity Residential Services
- Level 3.7=Medically Monitored High-Intensity Inpatient Services
- Level 4=Medically Managed Intensive Inpatient Services

# Issues and Concerns

- Why do youth need a referral to specialized prevention and treatment programs?
- How does this treatment differ from what is offered through primary care or through school health center?
- Long-term outcomes w/o early treatment = decades of use and multiple treatment episodes

# Resource and Contact Information

- ❑ Michigan Department of Health and Human Services, Office of Recovery Oriented Systems of Care at [www.michigan.gov/bhrecovery](http://www.michigan.gov/bhrecovery).
  
- ❑ **Contact:**
  - Treatment: Beth Cooley– State Youth Project Coordinator at [cooleyb@michigan.gov](mailto:cooleyb@michigan.gov) or (517) 373-1177
  
  - Prevention: Kelli Martin - Specialist/PFS 2015 Project Director at [MartinK18@Michigan.gov](mailto:MartinK18@Michigan.gov) or 517-335-0121