Instructions: Create a reflection statement for each statement below

*Statements are intentionally broad to allow you to apply your experiences to develop the reflection responses.

1. Parent Statement: “I should be the one talking with my teen about sex”. Reflection:

___________________________________________

2. Parent Statement: “I’m not a bad parent”. Reflection: _____________________________________________

3. Parent Statement: “Tell me what I should say in that situation”. Reflection: _____________________________________________

Reflections Activity