



<b>Belonging</b> any relationship in your life	<b>Mastery</b> things that you good at or like to do	<b>Independence</b> doing things without being told; making good decisions	<b>Generosity</b> giving something of yourself - whether it's time or gifts
Family -nuclear -extended	School Subjects	Homework	Family -helping out -being there
Community	Babysitting	Chores	Helping other students
Neighborhood	Sports	Hygiene	Volunteering
Church	Hobbies	Choosing not to fight/argue	Delivering/fixing something
Friends	Bike Riding/ Skate Boarding	Saying "NO"	Caring for sick
Teams	Fixing Things	Babysitting	Giving something
Groups/Clubs	Gardening	Walking to school	Babysitting
Rec. Center	Chores	Not following the crowd	Befriending someone
Community Centers	Writing/Art	Working	Smiling, saying "hi"
School -teachers/staff	Friendships	Caring for self	Giving up your bus seat
	Organizing	Making good decisions/goals	Personality traits
	Goal Setting	Seeking healthcare	
	Getting "back on the horse"	Graduation	