

# MICHIGAN'S SCHOOL HEALTH COORDINATORS: ALLIES IN SCHOOL BASED SEX EDUCATION

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## CHALLENGES TO WORKING WITH SCHOOLS TO IMPLEMENT SEX EDUCATION

- Many schools primary focus is on improving academic test scores and may see community programs as a distraction to their mission
- School principals are very busy people and difficult to engage in your initiative
- Many schools lack the necessary data collection to know that programs like yours can really benefit their students
- Sex education and the SEAB process is complicated and confusing
- Academic requirements for graduation are overwhelming and limit time for quality sex education instruction

Where does health  
and sex education  
fit into the school's  
mission?

## Key Issues in Education

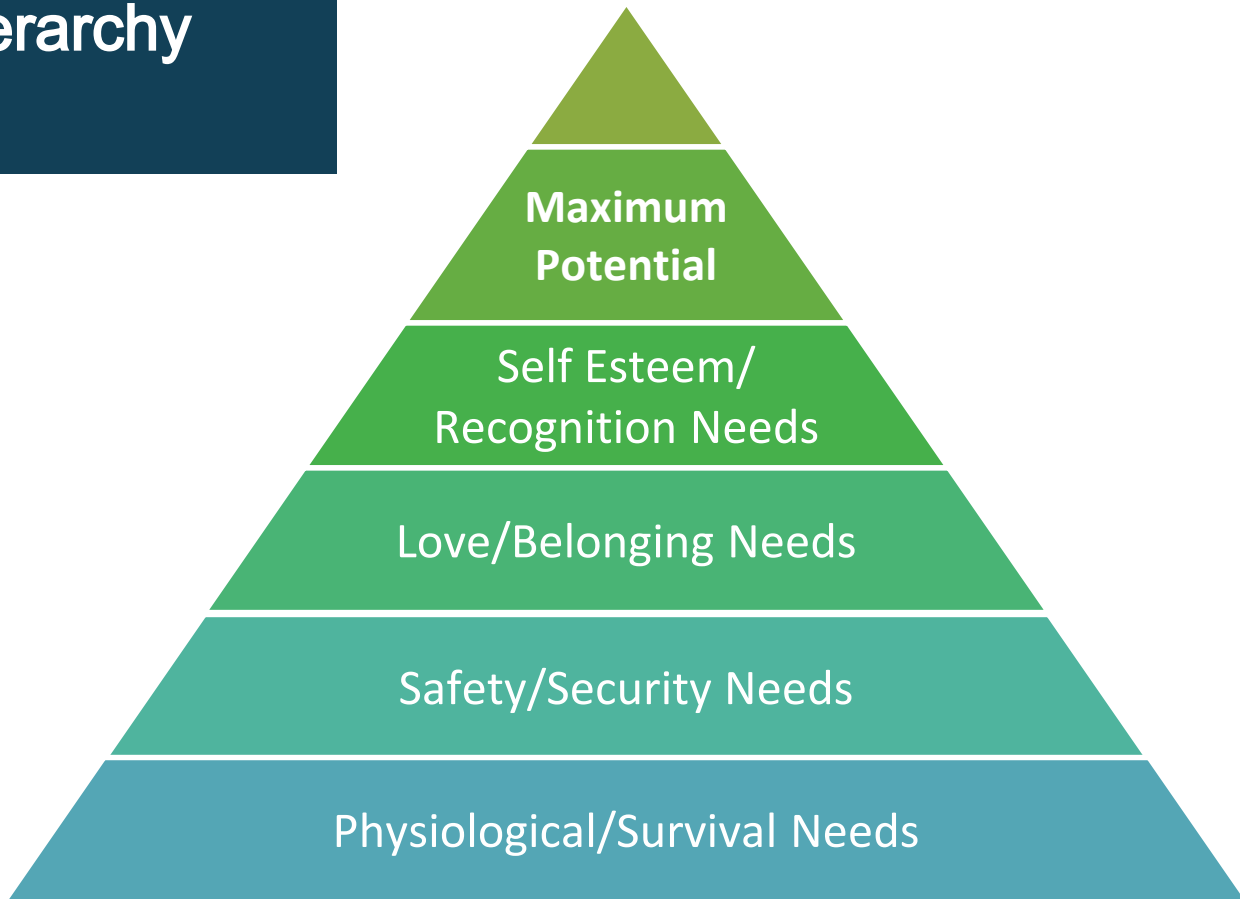
**No matter how well teachers are prepared to teach,  
no matter what accountability measures are put in place,  
no matter what governing structures are established for schools;**

**Educational progress will be profoundly limited if students are not motivated  
and able to learn.**

-- Charles Basch, Professor, Teachers College, Columbia University



# Maslow's Hierarchy of Needs





**A New Model for Motivating and Engaging Students in Learning :  
Whole School, Whole Community; Whole Child (WSCC)**



## The Five Tenets of the Whole Child (ASCD)

A collaborative approach to learning and health that results on students being:

- Healthy
- Safe
- Engaged
- Supported
- Challenged



## Maslow / ASCD's Whole Child Tenets

<b>Self Actualized / Maximized</b>	<b>Challenged</b>
<b>Self Esteem / Recognition</b>	<b>Engaged</b>
<b>Love / Belonging</b>	<b>Supported</b>
<b>Safety / Security</b>	<b>Safe</b>
<b>Physiological / Survival</b>	<b>Healthy</b>





**WSCC Model Integrates Coordinated School Health Components To Improve Health and Learning**

**Engaging and Building  
Trust with School  
Administrators and/or  
Sex Ed. Supervisors**

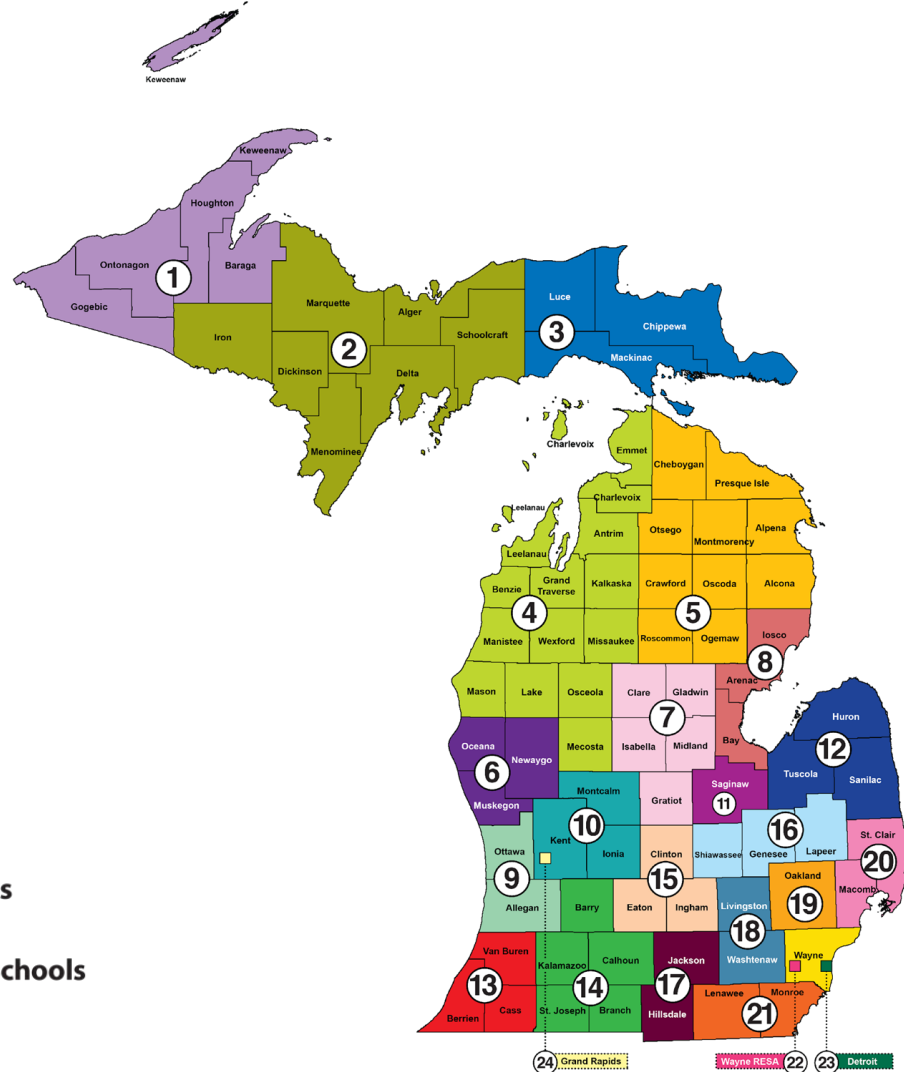
## STRATEGY

- **Develop a working relationship with your Regional School Health Coordinator**

## Key Roles of the Regional School Health Coordinator

- Promote and support the implementation of the Michigan Model for Health™ in their regional schools
- Point person in their region for health and sex education consulting
- Primary advocate for schools adopting the WSCC model as a guide for school improvement

- |                         |                                |
|-------------------------|--------------------------------|
| 1 Copper Country ISD    | 13 Van Buren RESA              |
| 2 Marquette-Alger RESA  | 14 Calhoun ISD                 |
| 3 Eastern UP ISD        | 15 Eaton RESA                  |
| 4 Traverse Bay Area ISD | 16 Genesee ISD                 |
| 5 COP ESD               | 17 Jackson County ISD          |
| 6 Muskegon Area ISD     | 18 Livingston ESA              |
| 7 Gratiot-Isabella RESD | 19 Oakland Schools             |
| 8 Bay-Arenac ISD        | 20 Macomb ISD                  |
| 9 Ottawa Area ISD       | 21 Monroe ISD                  |
| 10 Kent ISD             | 22 Wayne RESA                  |
| 11 Saginaw ISD          | 23 Detroit Public Schools      |
| 12 Tuscola ISD          | 24 Grand Rapids Public Schools |



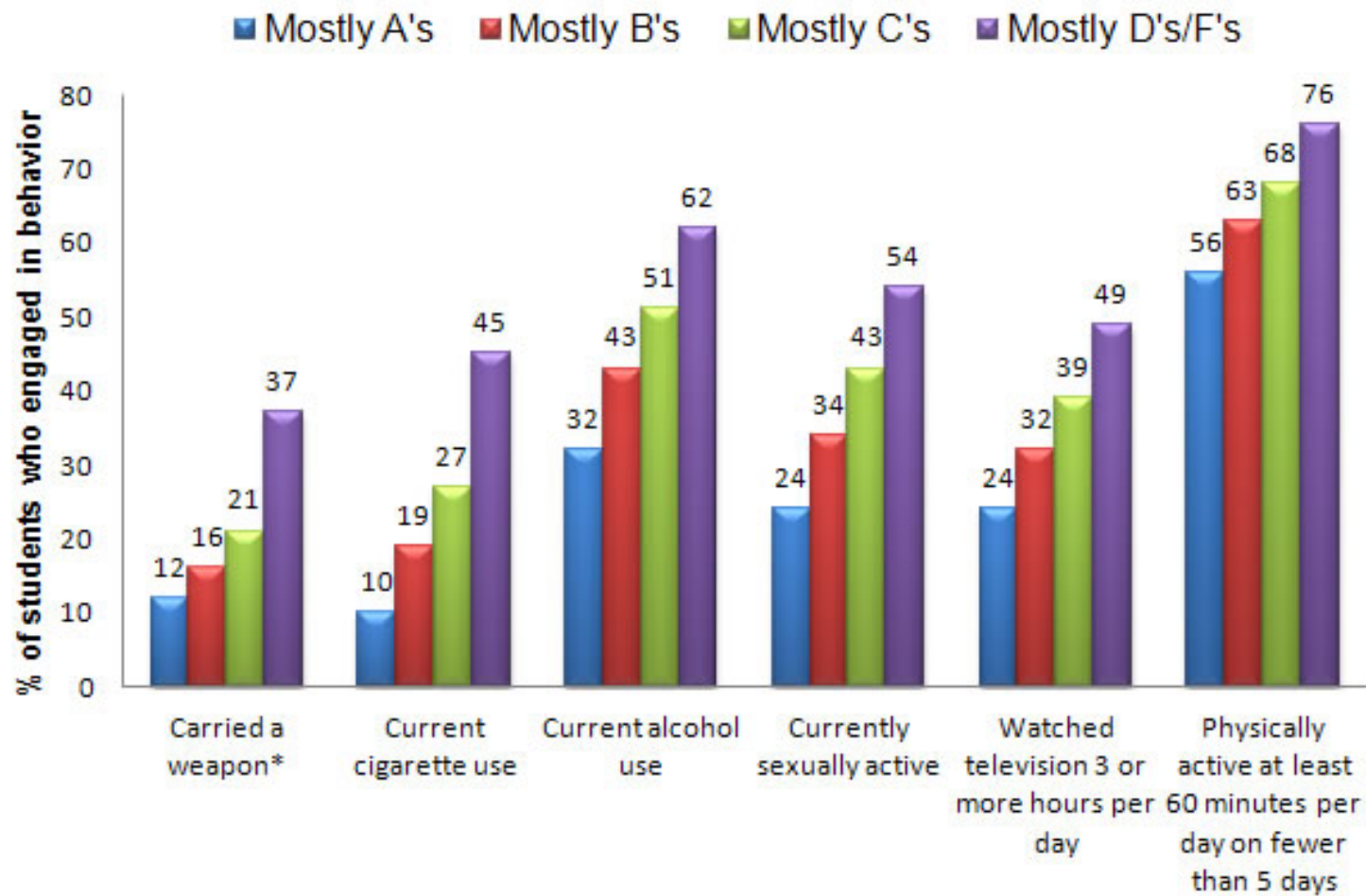
# Showing School Administrators the Need for Sex Education



## Research Shows

- Health-related factors can lead to poor school performance
- Health-risk behaviors consistently linked to:
  - ❑ Poor grades
  - ❑ Poor test scores
  - ❑ Lower educational attainment

**Source:** [Health & Academics](#). Centers for Disease Control and Prevention, 2014.



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# ESSA

- ***Every Student Succeeds Act*** (ESSA) emphasizes implementing models that keep students safe, supported and healthy both in and out of school
- ***Michigan Top 10 in 10*** calls for supporting the whole child including nutrition, physical, behavioral, social-emotional, and mental health supports (Strategy 4.1)

# DATA

- *Michigan Profile for Healthy Youth (MIPHY)*

Weight and Nutrition

Physical Activity

Substance Misuse and Abuse

Weapon Use and Violence

Safety and Bullying

**Sexual Behavior**

Mental Health

# Guide/Support SEAB's through the Sex Education/HIV legal requirements and SEAB process

Implementing sex  
education with  
fidelity to get the  
intended outcomes

# Strategy

- Be sure the principal and health teacher are aware up front of how many lessons need to be taught
- Set up a teaching schedule
- Request an extra class session or two be build into the schedule

## FINAL THOUGHTS

- The ultimate decision of what sex ed. program/curriculum gets implemented is with the SEAB and School Board (parents)
- Program evaluation is extremely important for long term implementation!

## Final Thoughts cont.

- **Contact me if you are having difficulties working with your Regional School Health Coordinator**

## CONTACT INFORMATION

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# QUESTIONS ARE WELCOME!

