

Purpose, Objectives, and Disclosures

MC3 Regional Forum: Guiding Principles and Practices: Caring for Youth Exhibiting Aggressive Behavior

September 20, 2024

This activity offers maximum educational hours of:

3.00 clock hours for **SOCIAL WORKERS**

3.00 contact hours for **NURSES**

3.00 hours of *AMA PRA Category 1 Credits*[™] for **PHYSICIANS**

3.00 educational hours for **OTHER Healthcare Professionals** (Certificate of Completion)

FOR REPORTING PURPOSES: RETAIN THIS DOCUMENT AND THE AGENDA TO CONFIRM AVAILABLE HOURS

IMPORTANT REQUIREMENTS FOR CONTINUING EDUCATION OPPORTUNITIES

- ✓ Participants requesting credit must be registered for the event and have verified attendance.
- ✓ Participants must attend the entire activity to receive continuing education.
- ✓ **TO RECEIVE CE HOURS OR A CERTIFICATE OF ATTENDANCE, YOU MUST COMPLETE THE EVALUATION!** Click the corresponding link in the email you will receive after the event to access the evaluation.
 - If you do not receive a link to the survey within **2 business days** of the event, please email CEInfo@mphi.org for next steps. Include your activity name and date with your request.
- ✓ After completing the evaluation, you will be directed to a portal to generate your certificate.
- ✓ Note that participants requesting CME will need to create a username and password before generating a certificate.
- ✓ A certificate will be immediately generated for you to print or save as a digital file.

Direct any questions to: CEInfo@mphi.org

PLEASE NOTE: CREDIT WILL NOT BE AWARDED UNLESS ALL CRITERIA IS MET

PURPOSE:

This training will discuss the impact of aggressive behaviors on youth and their care team, how to conceptualize aggression in youth, the potential risk factors and other contributors, and how to develop a framework for interprofessional assessment and management. The presenters will use specific skill-based teaching that will highlight practical, trauma-informed, and preventive evaluation and intervention delivery for youth who display aggression. This will include ways to engage and support parents and families in the care of their children.

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We will conclude by focusing on pharmacologic management guidance, informed by evidence-based guidelines and expert consensus, regarding acute and chronic aggression management. This will be followed by an interdisciplinary community discussion between health care providers and school mental health professionals to foster opportunities for ongoing review and reflection of the concepts shared during the forum.

LEARNING OBJECTIVES:

Describe a conceptual framework to understand the impact of aggressive behavior on youth and families, factors contributing to escalating behavior, as well as a standardized approach to the assessment of aggression.

Practice at least one de-escalation and/or parental support strategy for use in addressing pediatric aggression.

Identify pharmacologic strategies to supplement behavioral therapy, parental support and environmental adaptations to address pediatric aggression.

DISCLOSURES:

All presenters and planning committee members have completed a Financial Disclosures document that includes an explanation of Relevant Financial Relationships. Based on these forms none of the planning committee members or presenters have relevant financial relations with ineligible companies to disclose.

AVAILABLE CONTINUING EDUCATION:

Social Work Clock Hours Designation

A total of **3.00** Social Work clock hours have been awarded for this activity by the Michigan Public Health Institute – Continuing Education Solutions (MPHI-CES 2024612sw).

This course is approved by the Michigan Social Work Continuing Education Collaborative – Approval #MICEC-0042

Nursing Contact Hours Designation

A total of **3.00** Nursing contact hours have been awarded for this activity by the Michigan Public Health Institute – Continuing Education Solutions (MPHI CES 2024617).

Michigan Public Health Institute-Continuing Education Solutions (MPHI-CES) is approved as a provider of nursing continuing professional development by the Louisiana State Nurses Association - Approver, an accredited approver by the American Nurses Credentialing Center's Commission on Accreditation.

Continuing Medical Education (ACCME) AMA PRA Category 1 Credits™

This activity has been planned and implemented in accordance with the accreditation requirements and policies of the Accreditation Council for Continuing Medical Education (ACCME) through the joint providership of Central Michigan University College of Medicine and MPHI-CES. CMU College of Medicine is accredited by the ACCME to provide continuing medical education for physicians.

Central Michigan University College of Medicine designates this live activity for a maximum of **3.00** AMA PRA Category 1



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Credits™. Physicians should claim only the credit commensurate with the extent of their participation in the activity.

(MPHI-CES 2024617cme)

All participants have been provided with a copy of the event purpose statement, event goals, event objectives, session descriptions, session goals, session objectives, and disclosure statements prior to the start of this event.